

PSYCHOLOGICAL SUPPORT PROJECT



The project is supported by the United Nations
Children's Fund (UNICEF)





МІНІСТЕРСТВО
ОСВІТИ І НАУКИ
УКРАЇНИ



Professor William Yule
Treasurer, Children and War (UK)

Dennis Ougrin
MBBS, MRCPsych, PGDip(Oxon), PGCAPHE, PhD
Consultant Child and Adolescent Psychiatrist
Visiting Professor of Child and Adolescent Psychiatry and Global Mental Health

Kateryna Yavna
psychologist, CBT therapist, supervisor, teacher
Children and War UK Foundation - trainer

ПОРУЧ

“PORUCH” offers psychological support groups and individual counseling for children, parents/caregivers, and professionals working with children. Its aim is to help them find inner resources, build resilience, and support healing and recovery

**Support
groups**

**One-time
group
educational
sessions**

**Individual
psychological
counseling**

Key project figures:

112 specialists (psychologists / social educators) as of now

41 platform psychologist-consultants

7 584 support groups conducted

12 675 individual consultations conducted

65 971 total completed interventions

Children, adolescents, and young people – 80,818

Parents / caregivers – 43,726

Professionals working with children – 41,285

165,829

Support groups

for children, adolescents and young people:

- «Teaching Recovery Techniques»
- «Building a Positive Life Perspective»

for parents/caregivers, professionals working with children:

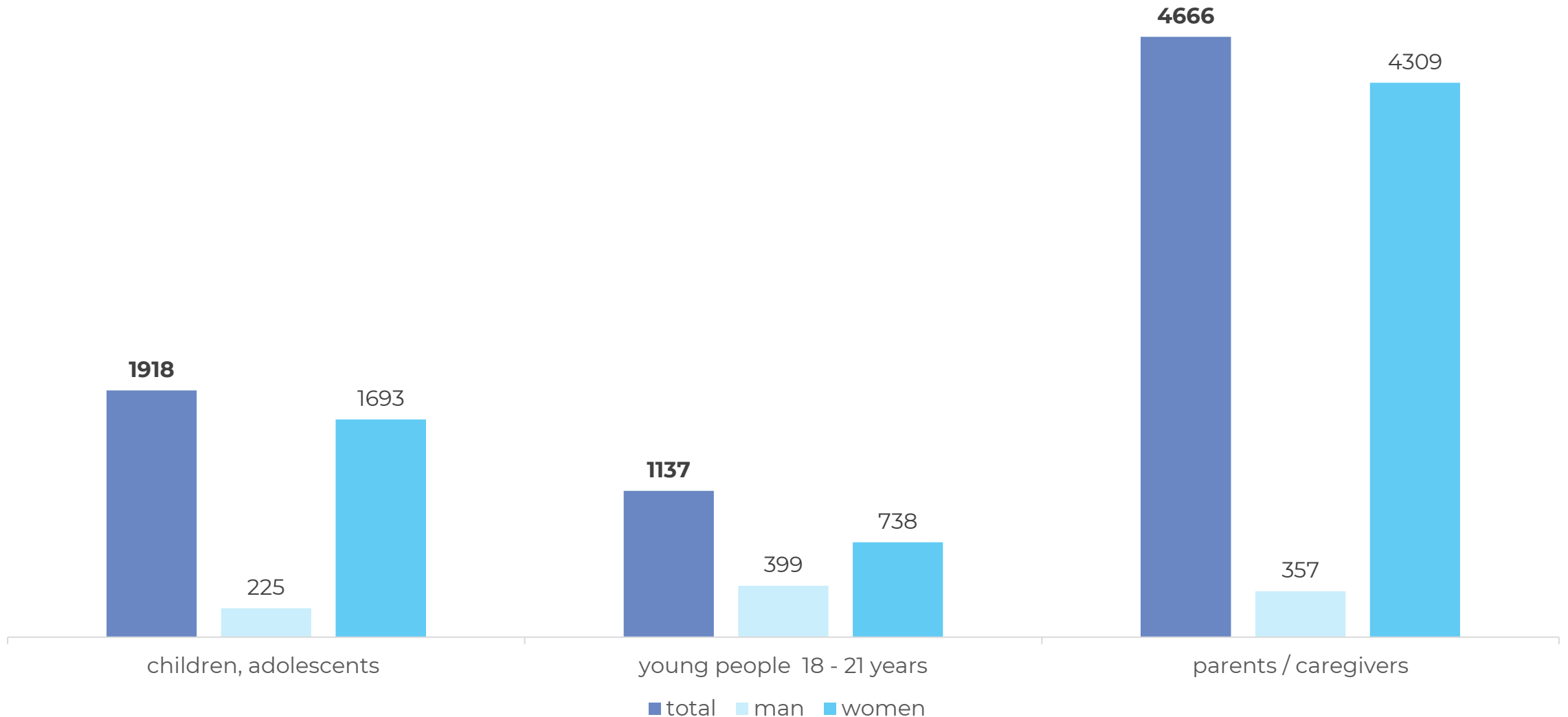
- «Teaching Recovery Techniques»
- «Parenting without stress»



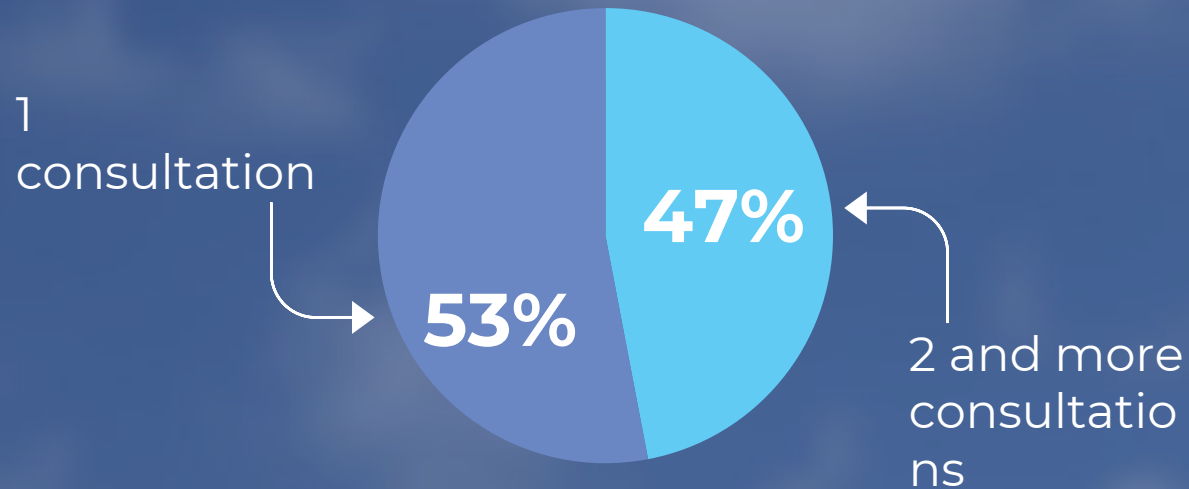




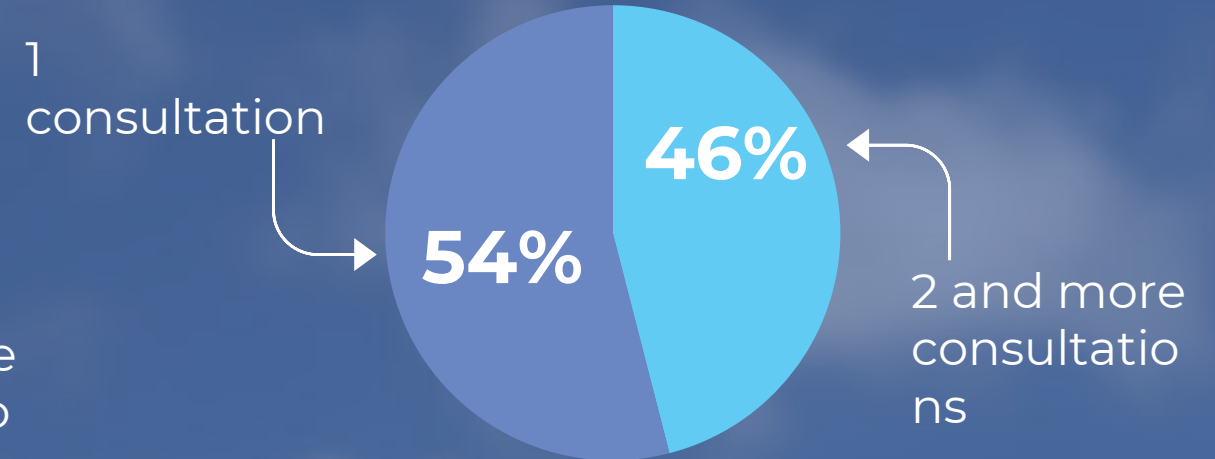
Individual Counseling Platform Performance



Children, adolescents, and young people



Parents / caregivers



Most common concerns among children (ages 14–17)



Obsessive thoughts and/or behaviors



Fear of the unknown and uncertainty



Family relationships



Panic attacks



Coping with loss



Worries about the war and its impact



Domestic violence



Addiction (alcohol/drugs) of both parents and themselves



Relationships with children (including peer relationships and bullying)



Sexual abuse

Most common concerns among youth (aged 18-21)



Obsessive thoughts and/or behaviors



Fear of the unknown and uncertainty



Family relationships



Panic attacks



Eating disorders



Worries about the war and its impact



Coping with loss



Addiction (alcohol/drugs) of both parents and themselves



Domestic violence



Sexual abuse



Relationships with children

Most common concerns among parents



Relationships with children



Fear of the unknown and uncertainty



Worries about the war and its impact



Family relationships



Obsessive thoughts and/or behaviors



Panic attacks



Coping with loss



Eating disorders



Domestic violence



Addiction (alcohol/drugs)



Sexual abuse

Program effectiveness

	Yes	Partially	No
Children, adolescents and youth	85%	15%	1%
Parents / caregivers	96%	3%	0,3%
Professionals working with children	98%	2%	0,1%
Individual counseling:	93%	5%	2%

**Thank you for
your attention!**

